



Beth Dorn, MD
Internal Medicine

COVID Boosters & Prescription Takeback Day 10.22.21 Update

Dear Patients:

Here is the latest lowdown on COVID vaccine boosters:

The FDA has now approved boosters for those who who received Johnson and Johnson COVID vaccinations at least 2 months ago. It is OK to 'mix and match' the type of booster with the primary vaccination manufacturer. Pfizer and Moderna (mRNA vaccines) boosters are recommended 6 months or more after the second dose. The boosters are half dose Moderna or full dose Pfizer. Although J&J can be a booster as well, I recommend boosting with an mRNA vaccine.



Who?

- Those 18 or older with risk factors for severe COVID-19 infection and anybody 65 or older.
- Consider a booster dose for those 18 or older who work in high risk situations such as teachers, firemen, police, healthcare and grocery /food/agriculture workers as well as public transit, manufacturing, US Postal and corrections workers.

GOOD NEWS: As of November 1, 2021, we will be offering Pfizer and Moderna Vaccinations at our office! Call us to make your appointment.

Note: COVID-19 vaccines are not yet FDA approved for children under 12 years old. The FDA evaluation is in the works, however.

Dispose of your unwanted, unused medications safely and easily this Saturday, October 23, 2021 from 10 am-2 pm. See below for locations in our community, or visit [DEA.gov](https://www.dea.gov) to find a location near your home. If you do not find a collection site near you, please check back frequently as sites are added every day.

**NATIONAL
DRUG
TAKE BACK
DAY**

DEA NATIONAL
TAKEBACK



REDONDO BEACH P.D. VINCENT ANNEX
(4 miles)

LOS ANGELES PD KAISER PERMANENTE SOUTH BAY MED. CTR.
PARHAM NEBEGH (5 miles)

EL SEGUNDO POLICE DEPT. EL SEGUNDO CITY YARD PARKING LOT (11 miles)

GARDENA POLICE DEPT. LT. DAVID BROCK (10 miles)

Stay well, and as always, please reach out to me should you have questions.

Sincerely,

Dr. Beth Dorn
